



EMPOWERING SURVIVORS OF DOMESTIC VIOLENCE THROUGH CULTURALLY RELEVANT COMMUNITY BASED SERVICES

**CPLC De Colores
Community Based
Program**

INTRODUCTIONS

Gerardo Peña

&

Marina Jessop



GROUND RULES

- This is a very interactive workshop
 - Participation is encouraged
- There will be several group activities
 - Be prepared to move around
- Ask Questions
 - We will also have time at the end of the presentation
- We are all professional peers
 - Your ideas and suggestions are highly encouraged and welcome
- Have Fun



DE COLORES HISTORY



COMMUNITY BASED PROGRAM

- ❑ New OVW Grant Funded Program we started in 2015
 - ❑ Our First attempt at community based programming
- ❑ Case Management
 - ❑ Housing
 - ❑ Employment
 - ❑ Community Resources
- ❑ Domestic Violence Education
- ❑ Domestic Violence Support Groups
- ❑ Legal Advocacy
 - ❑ Immigration Support
- ❑ Community Youth Prevention Program
 - ❑ Areli Parra



ACTIVITY #1: SAFETY PLANNING

- ❑ Get into pairs of two
- ❑ Read the case scenario
- ❑ Select who will be the advocate and the victim
- ❑ Role play a safety plan session based on the scenario
- ❑ Debrief as a group
- ❑ Save your Safety Plan for another activity later



TERMINOLOGY DISCLAIMER: SURVIVOR VS. VICTIM

- Use of the term “Victim” in Community Based Services
- Our end goal is that we help them become SURVIVORS



SAFETY RISKS OF COMMUNITY BASED ADVOCACY

Victim Safety

- Discovery of Services
 - Phone calls
 - Paperwork/safety plan
 - Flyers/business cards
 - Children/friends/neighbors
- Abuser Finding the Meeting Location
 - Following victim
 - Location tracking/technology

Advocate Safety

- Abuser showing up at meeting or support group
- Abuser following advocate to home or office
- No “shelter” security
- Ensure paperwork confidentiality



WHO ARE OUT-OF-SHELTER VICTIMS?



OUT OF SHELTER VICTIMS

- ❑ Could be anyone: a neighbor, a professional, a housewife, a friend.
- ❑ Usually they have to put on a façade; they appear happy and normal.
- ❑ Still living with their abuser.
- ❑ No security of a shelter.
- ❑ No support.
- ❑ Isolated.
- ❑ Afraid.
- ❑ Confused.



ACTIVITY #2 - BARRIERS

Why Don't Survivors Seek Help?

- ❑ “Cultural” Barriers
- ❑ “Emotional” Barriers
- ❑ “Attitudes and Beliefs” Barriers
- ❑ “Material/Economic” Barriers



CULTURAL BARRIERS

- ❑ Community anti-immigrant sentiment (SB1070)
- ❑ Language barrier
- ❑ Mistrust of law enforcement and community services
- ❑ Patriarchal cultural attitudes
- ❑ It's not OK to seek help outside of the cultural community
- ❑ Lack of legal rights
- ❑ Fear of Deportation



EMOTIONAL BARRIERS

- ❑ Self Esteem
- ❑ Love for Children
- ❑ Love for Spouse
- ❑ Depression
- ❑ Isolation
- ❑ Lack of family support
- ❑ The “Honeymoon Period” confusion



ATTITUDES AND BELIEFS - BARRIERS

- ❑ Generational attitudes about abuse
- ❑ Social isolation
- ❑ Religious doctrines; shame and fear
- ❑ “Staying for the kids”
- ❑ “The police wont help”



MATERIAL/ECONOMIC BARRIERS

- ❑ Transportation
- ❑ Financial/Employment
- ❑ Housing
- ❑ Nutrition
- ❑ Support for children
- ❑ Attachment to their belongings
 - ❑ Family Pictures
 - ❑ Documents
 - ❑ Sentimental items



ACTIVITY #3: EFFECTIVE STRATEGIES

- ❑ Get into groups of 5
- ❑ List all of the effective strategies that you would use to encourage out of shelter victims to seek services and help
- ❑ Select a leader to share with a large group



EFFECTIVE STRATEGY: WHAT WE DO

- ❑ We provide services in Spanish/ Bilingual staff
- ❑ We target a specific area in the community where there is a high population of immigrant women.
- ❑ We cultivate culturally relevant referral partnerships
- ❑ We locate and partner with culturally relevant community resources
- ❑ We use effective culturally specific “marketing” strategies.



WHY DO WE DO IT?

- ❑ We have the capacity to help.
- ❑ There is an enormous need.
- ❑ Out-of-shelter victims do not know about services that are available.
- ❑ Out-of-shelter victims are afraid to seek help.
- ❑ Out-of-shelter victims are not being informed of their rights
- ❑ There are a lack of programs that respond to abused immigrant women
- ❑ There is a lack of community resources for the Spanish speaking community



ACTIVITY #4: SAFETY PLAN RE-VISIT

- ❑ Get into your original role play team of 2.
 - ❑ What would be different?
 - ❑ Why?



CONCLUSION - TAKE AWAY

- ❑ What can you take back to your programs ?



Questions?

