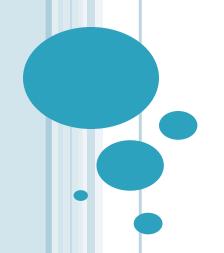
# EMPOWERING SURVIVORS OF DOMESTIC VIOLENCE THROUGH CULTURALLY RELEVANT COMMUNITY BASED SERVICES



CPLC De Colores Community Based Program

#### Introductions

Gerardo Peña

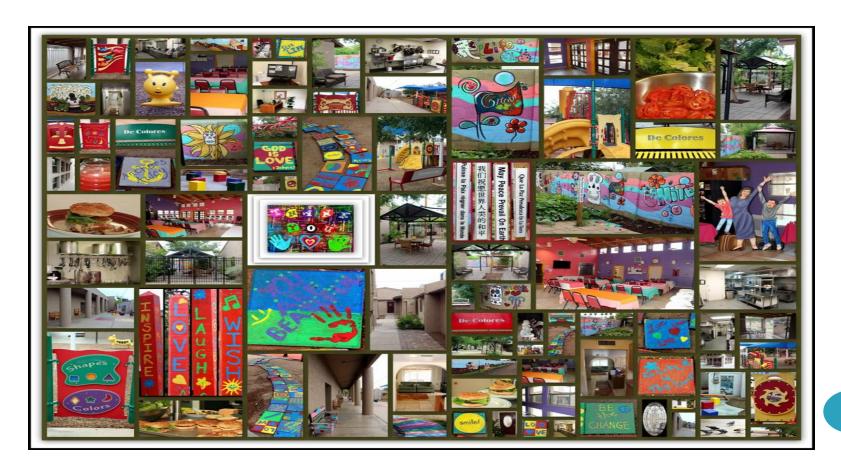
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Marina Jessop

#### GROUND RULES

- This is a very interactive workshop
  - Participation is encouraged
- There will be several group activities
  - Be prepared to move around
- Ask Questions
  - We will also have time at the end of the presentation
- We are all professional peers
  - Your ideas and suggestions are highly encouraged and welcome
- Have Fun

## DE COLORES HISTORY



#### COMMUNITY BASED PROGRAM

- New OVW Grant Funded Program we started in 2015
  - Our First attempt at community based programming
- Case Management
  - Housing
  - Employment
  - Community Resources
- Domestic Violence Education
- Domestic Violence Support Groups
- Legal Advocacy
  - ☐ Immigration Support
- Community Youth Prevention Program
  - □ Areli Parra

#### ACTIVITY #1: SAFTEY PLANNING

- □ Get into pairs of two
- □ Read the case scenario
- □ Select who will be the advocate and the victim
- □ Role play a safety plan session based on the scenario
- Debrief as a group
- Save your Safety Plan for another activity later

#### TERMINOLOGY DISCLAIMER: SURVIVOR VS. VICTIM

- Use of the term "Victim" in Community Based Services
- Our end goal is that we help them become SURVIVORS



#### SAFETY RISKS OF COMMUNITY BASED ADVOCACY

#### Victim Safety

- <u>Discovery of Services</u>
  - Phone calls
  - Paperwork/safety plan
  - Flyers/business cards
  - Children/friends/neighbors
- Abuser Finding the Meeting Location
  - Following victim
  - Location tracking/technology

#### **Advocate Safety**

- Abuser showing up at meeting or support group
- Abuser following advocate to home or office
- No "shelter" security
- Ensure paperwork confidentiality

## WHO ARE OUT-OF-SHELTER VICTIMS?



#### OUT OF SHELTER VICTIMS

- □ Could be anyone: a neighbor, a professional, a housewife, a friend.
- □ Usually they have to put on a façade; they appear happy and normal.
- □ Still living with their abuser.
- □ No security of a shelter.
- No support.
- □ Isolated.
- Afraid.
- Confused.

#### ACTIVITY #2 - BARRIERS

Why Don't Survivors Seek Help?

- □ "Cultural" Barriers
- □ "Emotional" Barriers
- □ "Attitudes and Beliefs" Barriers
- □ "Material/Economic" Barriers

#### CULTURAL BARRIERS

- □ Community anti-immigrant sentiment (SB1070)
- Language barrier
- Mistrust of law enforcement and community services
- Patriarchal cultural attitudes
- □ It's not OK to seek help outside of the cultural community
- Lack of legal rights
- □ Fear of Deportation

#### EMOTIONAL BARRIERS

- □ Self Esteem
- □ Love for Children
- Love for Spouse
- Depression
- Isolation
- Lack of family support
- □ The "Honeymoon Period" confusion

#### ATTITUDES AND BELIEFS - BARRIERS

- Generational attitudes about abuse
- Social isolation
- □ Religious doctrines; shame and fear
- "Staying for the kids"
- □ "The police wont help"

#### MATERIAL/ECONOMIC BARRIERS

- Transportation
- □ Financial/Employment
- Housing
- Nutrition
- Support for children
- □ Attachment to their belongings
  - □ Family Pictures
  - Documents
  - Sentimental items

#### ACTIVITY #3: EFFECTIVE STRATEGIES

- □ Get into groups of 5
- □ List all of the effective strategies that you would use to encourage out of shelter victims to seek services and help
- Select a leader to share with a large group

#### EFFECTIVE STRATEGY: WHAT WE DO

- □ We provide services in Spanish/ Bilingual staff
- We target a specific area in the community where there is a high population of immigrant women.
- We cultivate culturally relevant referral partnerships
- We locate and partner with culturally relevant community resources
- We use effective culturally specific "marketing" strategies.

#### WHY DO WE DO IT?

- We have the capacity to help.
- □ There is an enormous need.
- Out-of-shelter victims do not know about services that are available.
- Out-of-shelter victims are afraid to seek help.
- Out-of-shelter victims are not being informed of their rights
- □ There are a lack of programs that respond to abused immigrant women
- □ There is a lack of community resources for the Spanish speaking community

#### ACTIVITY #4: SAFETY PLAN RE-VISIT

□ Get into your original role play team of 2.

■ What would be different?

□ Why?

#### CONCLUSION - TAKE AWAY

■ What can you take back to your programs?

# Questions?